



### **WTF58 Course Info**

**Part one:** Airlie Sound Stage to the Stairs Kara Cres. You will start at the Airlie Beach Sound Stage on the front beach. You will run along the front beach path way, before you turn left after the last shelter on the foreshore. Here you will run up a grassy embankment, to Airlie Esplanade where you will cross the road near the roundabout. Marshall's will direct you across the road.

Here you will follow the path towards Waterson way. You will have the Woolworths building on your right as you pass it. You will be running along the path for approximately 800m, before you see a marshal, who will direct you across the road on Waterson way into Orana St. Orana St is about 300m long, it is very narrow and curls around to your right. Please keep an eye out for traffic along this road and give way to them.

At the end of Orana St, you will turn left into Kara Cres. It is approximately 200m to the stairs from this turn point. You will notice a water table at the top of Kara Cres before you head towards the stairs and into the trail.

**Part Two:** Kara Cres Stairs to Honeyeater turn off. Here, there will be a hydration point for water, and Tailwind Endurance Fuel will be available for competitors passing this point.

As you climb up the stairs, you will enter into the beginning of the trail. The track has uneven surfaces, with loose rocks and tree roots protruding out as you run up the trail. Please be mindful where you place your feet, as a slip here can end your run.

As you wind your way through the trail, don't forget to look at the stunning view to your right as you look out over the coral sea. As you follow the trail, you will come to the fork in the trail which you will need to stay left here as it will take you through to the Brandy Creek turn around.

**Part Three:** Honey eater turns off to Bloodwood Camp. Follow the coastal ridge as you travel to Bloodwood camp. This forest survives on rocky soils, and endures the seasonal hot sun and occasional tropical cyclone.

You will travel through some taller forest as you come past Honeyeater Junction, from here you will tackle a steep descent through low vine thicket. Take a bit of time to enjoy your surroundings



of grass trees, cycads and gum trees. If the grass trees are flowering, look for various honeyeater species coming into feed.

**Part Four:** Bloodwood Camp to Repulse Creek camp. Continue along the ridge to the open Bloodwood Camp with toilets. Enjoy views beyond Jubilee Pocket to the Whitsunday Islands. The track narrows as you follow a ridge of Mt Hayward. Enjoy the cool breeze and rewarding view from the top.

From here the trail passes through drier forest and crosses two creeks. Enjoy the shade provided by rainforest plants growing in the creek's surroundings.

**Part Five:** Repulse Creek Camp to Brandy Creek

At the Repulse Creek Camp you will come to an open campsite with toilets and water. Continuing along the main track, your feet may get wet when you cross Repulse Creek.

Here you may notice a change in vegetation from the moisture-loving Mackay tulip oaks, to the hardy, brown tulip oaks. Delicate climbers are replaced with tough woody vines. You will start to notice that the track will start to widen as you come past Wompoo Walk Junction as this part of trail was part of the old logging road.

You will start to ascend through the lush rainforest, as you come up to the main gate at Brandy creek.

**Part Six:** Drop Bag at turn around point. Here you will restock and refuel. Volunteers are ready to assist you with restocking you from your drop bag. Tailwind Endurance Fuel will be available for competitors passing this point to refuel and hydrate, water and fruit will be available if your supply is low

You will be turned around and travel back through the trail, that same way you came. You will finish at the same point where you had started your adventure earlier in the day.



**Part Seven:** Brandy Creek to Repulse Creek Camp. Your return journey will start at the gate of the main track, an old logging road that descends through lush rainforest. This part of the track is a wide and smooth gravel road. Just after 2km, you will pass Wompoo Walk junction. Continuing along the main track your feet will get wet when you cross Impulse Creek. Here you may notice a change in vegetation as the hardy, brown tulip oaks replace the moisture-loving Mackay tulip oaks, and tough woody vines replace delicate climbers.

At the Repulse Creek Camp sign, At the Repulse Creek Camp sign, continue 100m past the rainforest campsites to the open campsite with toilets and water.

**Part Eight:** Repulse Creek camp to Bloodwood Camp. The gravel road continues for a little way through drier forest and crosses two creeks. Enjoy the shade provided by rainforest plants growing in the creek's surroundings. The track narrows and becomes steep as you follow a ridge to the summit of Mt Hayward. Enjoy the cool breeze and rewarding view from the top.

Continue along the ridge to the open Bloodwood Camp with toilets and water where you can enjoy views beyond Jubilee Pocket to the Whitsunday Islands.

**Part Nine:** Bloodwood Camp to Kara Cres. Follow the coastal ridge towards Airlie Beach through low vegetation tangled with vines. This forest survives on rocky soils, and endures the seasonal hot sun and occasional tropical cyclone. Tackle a steep climb through low vine thicket and then descend through some taller forest before coming to the Honeyeater Walk Junction.

Stay to the right and descend into Airlie Beach and take time to enjoy your surroundings of grass trees, cycads and gum trees. If the grass trees are flowering, look for various honeyeater species coming into feed.

Take care on the steps at the end of the track. At the bottom of the stairs you will find a water station to rehydrate, Tailwind Endurance Fuel will be available for competitors passing this point to refuel and hydrate, water and fruit will be available if your supply is low.

**Part Ten:** Kara Cres to Airlie Beach sound stage. None of the streets between Kara Cres and the finish line will be closed. So, give way to everything. Run about 200m down Kara Cres and take your first right into Orana St.



Follow Orana St to the intersection with Waterson Way. Orana St is about 300m long, very narrow and curls around to the left. Do not turn right into Nara Ave.

When you get to Waterson Way, you will be crossing the road and turning right. A marshal is located at the road on Waterson and will slow traffic, so you are able to cross safely. Remember to follow all directions from the marshal as you cross the road. You will now be running up and away from Airlie Beach, keeping on the left side of the road on the footpath, you will follow Waterson way for 800m down into Airlie Beach Township.

There will be a marshal at the intersection at Shute Harbour Road and Airlie Esplanade, who will direct you to cross the road safely. Once you have crossed the road, you will turn right slightly before heading down a grassy embankment onto the Airlie Beach foreshore path. Once you have reached the pathway, you will turn right and head towards the race precinct. Enjoy the views and the final moments as you celebrate as you cross the finish line at the race precinct. Be proud of your achievement of completing the WTF58. Tailwind will be sponsoring the hydration at the finish line to keep your electrolytes high. Water and fruit will be available for competitors once they complete the course.

Please be aware the course may be slightly longer or shorter than advertised. You still should train to be able to compete in such a challenging event.